

DATE

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Pulmonary Medicine

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Dear Editor,

Please find enclosed our manuscript, entitled “Gastroesophageal Reflux and Idiopathic Pulmonary Fibrosis: A Review,” which we request you to consider for publication as a *Review Article* in *Pulmonary Medicine*.

Idiopathic pulmonary fibrosis (IPF) is the most common idiopathic interstitial pneumonia and generally carries a poor prognosis.. Despite the rapidly progressive nature of this disease, it remains poorly understood. In recent years, the pathogenetic model has moved away from the inflammatory model towards a hypothesis focusing on alveolar epithelial injury. Although the cause of the initiating alveolar epithelial injury is unknown, the postulated mechanisms include immunological, microbial, or chemical injury, including aspirated gastric refluxate. Low basal pressure in the lower oesophageal sphincter and frequent relaxations promote reflux, which is then potentiated by hiatus hernia or oesophageal dysmotility. In susceptible individuals, repeated microaspiration of gastric refluxate may contribute to IPF pathogenesis. Current tests for gastroesophageal reflux developed for investigating oesophageal symptoms have poor detection rates for microaspiration of nonacid or gaseous refluxate. Further studies using pharyngeal pH probes, high-resolution impedance manometry, and pulmonary pepsin estimation will aid in clarifying the impact of reflux and microaspiration in IPF pathogenesis.

This manuscript has not been published elsewhere and is not under consideration by another journal. We have approved the manuscript and agree with submission to *Pulmonary Medicine*. [There are no conflicts of interest to declare.]

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We have assumed that there are no conflicts of interest that you need to declare to the journal editor. In case there is a conflict and you need to declare it, please delete the sentence “There are no conflicts of interest to declare.” and add details about your conflict of interest.

We believe that the findings of this study are relevant to the scope of your journal and will be of interest to its readership. The manuscript has been carefully reviewed by an experienced editor whose first language is English and who specializes in editing papers written by scientists whose native language is not English.

We look forward to hearing from you at your earliest convenience.

Sincerely,

[AUTHOR]

[AFFILIATION]

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